



**West Shore Meals On Wheels**  
FAIRVIEW PARK KITCHEN

## WHAT'S COOKING IN OUR KITCHEN MARCH 2022

Happy New Year from the Fairview Park Kitchen of West Shore Meals On Wheels!

We begin 2022 in gratitude, having received numerous donations from our community during the holidays and since. The Fairview Women's Club provided fun and useful gifts for distribution to our recipients. JJ's Pizza donated a tasty holiday meal. We received cheery holiday cards created by students of GiGi's Playhouse. Quilters' Legacy of Lakewood brought us beautiful handmade placemats. Volunteers Pat Bakos, Harriet Treynor and Gabriel Bauman contributed to the holiday cheer by making lovely ornaments for our volunteers and recipients.

Thanks to generous monetary gifts from community members, we were able to provide our recipients with a complimentary Thanksgiving meal in November and a free holiday meal in December, delivered



*Complimentary meal Valentine's Day meal*

with special gift bags. In addition, we delivered a festive Valentine's Day meal to our recipients on February 14 thanks to a donation from O'Neill Healthcare of Fairview Park, which covered the cost.

We thank all our donors for their time, thoughtfulness and financial support as we continue serving the community of Fairview Park.

### Recipients Say . . .

*"The holiday meal was so good, I had to take the time to really savor it. The roast beef was such a treat."* — Kathleen B.

*"The pork chops were so juicy."* — Francis R.

*"The stuffed peppers were really stuffed."* — anonymous



### 2022 Board Fairview Park Kitchen

Our volunteer board members devote countless hours and extraordinary efforts to ensuring the success of our service.

Christine Polomsky  
*Chairperson*

Gabriela Bauman  
*Vice Chairperson*

Lynda Kovach  
*Recording Secretary*

Pat Bakos  
*Executive Board Representative*

Nancie Rachocki  
*Billor*

Kathy Held  
*Head Cook*

Marsha Smith  
*Board Member*

Sally Hughes  
*Board Member*

Tia Andrako  
*Board Member*

## Gemini Center Continues To Help Keep The Lid On Food Costs

Did you know that Fairview Park's Gemini Center runs a continuous food drive in support of our Fairview Park Kitchen? They take donations on a weekly basis, collecting dry goods and items on our wish list, which helps lower our food costs so we can keep meal prices affordable. Our recipients pay just \$8 per day for two meals: one cold and one hot. Qualified low-income recipients pay even less — just \$3 per day!

Thanks to the support of our community and organizations such as the Gemini Center, we are able to provide all our recipients with



Turkey tenderloin with gravy, stuffing and carrots.

delicious, healthy meals that our volunteers deliver right to their doors Monday through Friday — or any combination of those days, as requested.

Our head cook Kathy Held designs our menu with care two to three weeks in advance. Her goal is to ensure a tasty variety of meals from one week to the next and even one month to the next.

Thank you to the staff and volunteers of the Gemini Center for supporting our important mission!



### Volunteer Spotlight

Joyce Y. is a regular Monday volunteer at our Fairview Park Kitchen, dedicating much of her time and energy assisting with food prep. She is always willing to lend a hand and fill in when needed for other tasks. Joyce donates fresh herbs from her garden in season, and we look forward every year to the homemade Irish soda bread she donates for St. Patrick's Day. Thank you, Joyce, for all that you do and for adding your special brand of sunshine to the start of every week!

*"There is no paycheck for a volunteer; their services are priceless."*

### Join Us As A Volunteer!

Our Fairview Park Kitchen is powered by a dedicated group of volunteers who prepare and pack our fresh meals, deliver those meals to recipients, pick up donations, help with administrative tasks, and represent us at community events. Individuals, community groups and local businesses all provide valuable time and resources to help support meal deliveries to our neighbors in need. Our volunteer



board directs kitchen operations, always looking for new ways to promote and sustain our program, which has served the Fairview Park community for nearly 50 years.

We welcome your involvement! To volunteer your time or resources, phone us at (440) 331-3842 or email [FPcoordinator@WestshoreMOW.org](mailto:FPcoordinator@WestshoreMOW.org). You'll find complete information about our service and activities on our website: [www.westshoremow.org](http://www.westshoremow.org).